

Membership Workshop presented by:



June 22nd: Is Your Hair On **Fire?**

Break free of worry and stress



What?

IN-DEPTH WORKSHOP FOR ICGC MEMBERS

Mitch teaches participants real-world strategies for breaking free from the cycle of worry and stress... so they can be more creative, engaged and effective. These are powerful and practical tools that help teams to communicate better, navigate stressful situations and even have more fun while also performing at new levels.

These concepts also help leaders to not only navigate worry and stress themselves, but also help their teams to navigate challenges more effectively as well.

Plus, Mitch shares how a life-changing and laughter-inspiring experience on a Montana mountain top forced him to overcome worry and become passionate about helping others to do the same.

These concepts can be applied at work and at home! So your audience will be able to apply these concepts immediately.

Where?

The Christ-Life Center
1900 NW 86th Street
Clive, IA 50325

When?

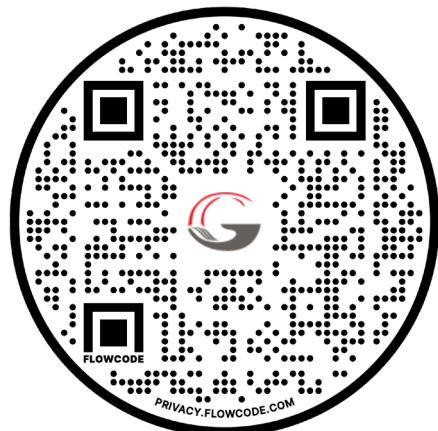
Thursday, June 22, 2023
9:00am-12:00 NOON

Space is Limited — Register Today!

- ICGC Nonprofit Membership includes 2 free attendees
- Individual Membership includes 1 free attendee
- Maximum: 6 attendees per membership

Additional registrations: \$25 each

An invoice will be sent to your organization.



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